THE ABBREVIATED MENTAL TEST (AMT)

1. What is your present age (+ - 1 year)? ___________
2. What is the time just now (+ - 1 hour)? ___________
3. What year is it? ___________
4. What is the name of this place? ___________
   Please memorise the following address - 42 West Street
5. What is your birthday (date and month)? ___________
6. When did the First World War begin? ___________
7. What is the Queen's name? ___________
8. Can you recognise two people? ___________
9. Please count from 20 backwards to 1 ___________
10. Can you remember the address which I gave you? ___________

Score 1 for correct answer and 0 for incorrect answer.
Maximum possible score = 10

(Ref. Hodkinson HM. Age and Ageing 1972; 1 : 233 - 8)

THE SHORT ZUNG INTERVIEWER-ASSISTED DEPRESSION RATING SCALE

1. I feel down-hearted and blue Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
2. I have trouble sleeping at night Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
3. Morning is when I feel best Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
4. I can eat as much as I used to Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
5. I get tired for no reason Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
6. I find it difficult to make decisions Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
7. I feel hopeful about the future Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
8. I feel that I am useful and needed Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
9. My life is somewhat empty Seldom or never Some of the time Good part of the time Most of the time Score
   (1) (2) (3) (4)
10. I still enjoy the things I used to do Seldom or never Some of the time Good part of the time Most of the time Score
    (1) (2) (3) (4)

Short Zung I.D.S. Index = Total/40 x 100
Depression = >70
Score one response only for each question